Team Luton Swimming Club

2026 Winter Development Meet

Licensed by Swim England for entry into Regional Championships at Level 3 under No. 3ER262378

Sunday 6 December 2026

Inspire: Luton Sports Village, Luton

Venue	Inspire: Luton Sports Village, Hitchin Road, Luton, LU2 8DD
Pool	8 Lane, 25m Pool, Electronic Timing, Swim Down Pool
Events	50m, 100m & 200m All Strokes 400m Freestyle, 100m & 200m IM
Age Groups	9, 10, 11, 12, 13, 14, 15/over Ages as at 6 December 2026
Fees	Race Entry Fee: £8.00 per event Spectator Entry: £5.00 per session or £10.00 all day.
Entries To	galas@teamluton.com
Closing Date for Entries	12.00 Noon on Saturday 21 November 2026

Any amendments to our Meet Conditions will be communicated on our website as soon as we learn of them.

You can enter the gala in confidence – should we have to cancel or reduce swimmer numbers at a later date then we guarantee a full refund of any payment.

Winter Development Meet 2026

(Under Swim England Laws and Technical Rules)
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Team Luton Swimming Club is affiliated to Swim England Bedfordshire and Swim England East Region
Ages as at 6 December 2026

Sunday 6 December 2026

at Inspire: Luton Sports Village
Butterfield Green Road, off Hitchin Road, Luton, LU2 8DD

COMPETITION RULES AND CONDITIONS

1. The meet will take place at Inspire: Luton Sports Village on Sunday 6 December 2026 and is licensed by Swim England at Level 3 under Licence No. 3ER262378. The meet will be run in accordance with Swim England Laws and Technical Rules, Licensing Criteria and the rules and conditions of this competition.
2. Age bands for awards are 9, 10, 11, 12, 13, 14, 15/over. Ages are as at 6 December 2026
3. Awards will be available for collection to the first 3 placed swimmers in each event, in each age group.
4. The competition pool will be configured as 25m; the competition will be swum short course. Over the top starts may be used at the referee's discretion.
5. **Entry**

   a) Competitors Swim England membership record must display Club Compete, must be members of an affiliated club, eligible to compete and may enter in the name of one club only. Entries will only be accepted from competitors registered as members of Swim England, SASA or WASA or registered in a country affiliated to World Aquatics. Team Luton Swimming Club is affiliated to Swim England Bedfordshire and Swim England East Region.

   b) Valid entries (which must include payment) will be accepted in the order of receipt, that is: first come first served. Complete entries for each club are required together with a single payment. Individual entries will only be accepted at the Promoter's discretion.

   c) Upper cut-off times are provided; there are no lower limit times. Entry times must have been achieved since 1 January 2025, and be within the qualifying standards. Short course or converted long course times will be accepted. Coach's estimates of times will be accepted if the swimmer does not have a recorded time.

   d) Entries must be made via SPORTSYSTEMS Entry Manager file or individual entry form together with entry fees and should reach the Promoter by **12 noon Saturday 21 November 2026**. Entries with five or more competitors from the same club must be made using SPORTSYSTEMS Entry Manager and sending the Entry file to the Promoter. The Entry Manager software may be downloaded free of charge from the SPORTSYSTEMS website http://www.sportsys.co.uk/entry/index.php and the required Entry File Set for this competition will be available on the Team Luton website.

   e) The Promoter reserves the right to limit entries and the number of heats in any event to maintain a balanced programme. In the event that entries are rejected, fees will be refunded by a single payment made to the club in question.

   f) Following the launch of the Swim England Transgender and Non-binary Competition Policy on 1 September 2023. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the Female category, a swimmer confirms that their birth sex is female. The category Male is referenced as Open/Male.

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g) Those swimmers in possession of a Swim England Certificate of Swimming Disability or those swimmers whose Swim England membership details record a disability Sport Class are welcome to enter the competition.

h) Late entries, day of meet entries, time trials and day of meet alterations will not be accepted, unless due to administrative error.

i) Paper entries can be emailed to galas@teamluton.com and must arrive by the closing date. Payment should be made by an online payment. Accepted and rejected entries will be posted on the Team Luton website after the closing date.

6. Fees

a) The entry fee is £8.00 per event.

b) Coaches' passes will be issued at a cost of £20 per day. This will entitle the holder to admission to all sessions, a programme, session start lists, meals and refreshments.

c) Team Manager passes will be issued at a cost of £5. This will entitle the holder to admission to all sessions, session start lists and refreshments

d) There will be no entry to poolside without a pass and passes must be worn at all times.

e) Swim England Guidance for minimum supervision ratios must be followed for coach, team manager and chaperones to number of swimmers competing. The new guidance can be found here Swim England releases new policy on club supervision ratios

7. Safeguarding

a) No cameras, video or digital capturing devices (including mobile phones) may be used in the changing area. This policy will be vigorously enforced and any person found to be contravening this policy will be asked to leave the gala without refund.

b) Participants, spectators and coaches are requested to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Safeguarding Policy and Procedures, Wavepower | Safeguarding for Swim England clubs (swimming.org) provides guidance on the use of social networking and guidance on photography. Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event. Any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images. Should you have any concerns about photography or filming please bring them to the attention of the promoter.

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8. Other matters

a. Swimmers must withdraw from events that they no longer wish to swim. Each club will be provided with a schedule of their accepted entries with their coaches' pack. Withdrawal may be made on the day, but where possible should be emailed by 12 noon on Friday 5 December to galas@teamluton.com, but must be made prior to the start of warm-up in each session. Refunds are not available for withdrawals after the accepted entries have been posted, other than for medical reasons with proof of illness or injury.

b. A secondary strobe is available at the pool. To ensure a smooth and efficient gala it would be appreciated if swimmers needing the secondary strobe make this known to the Promoter in advance.

c. Backstroke ledges are not available at the pool

d. Entries to this meet will be processed in accordance with our privacy notice for swim meets. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers have been passed to us by a swim club rather than by the individuals themselves, we rely on the swim club to ensure that consent has been obtained. If required, the swim club should be able to provide evidence to us that such consent has been given. Please see 'Privacy Notice - Swim Meets' https://bit.ly/2H8mAjD for further information.

e. All participants must observe the safety precautions in operation at Inspire: Luton Sports Village. Neither the Promoter nor Team Luton Swimming Club will be responsible for any loss or damage occurring.

f. Warm up protocol: Each warm up session will be divided into equal length sessions. There is to be strictly no diving during warm-up, with the exception of designated sprint lanes. Odd lanes (1, 3, 5, 7) will swim clockwise and even lanes (2, 4, 6, 8) will swim anti-clockwise. Swimmers must leave the water by the side of the pool and not over the timing pads. Coaches are responsible for managing the lanes that their swimmers use during the warm up sessions.

g. Over the top starts may be used at the referee's discretion.

h. Results will be provided live at teamlutonresults.co.uk and will be supplied to Aquatics GB for entry into the national rankings database.

i. Any matters concerning the Meet not covered in these rules will be dealt with according to the laws of the Sport and at the discretion of the Promoter in consultation with the Lead Referee.

j. The Promoter of this Meet is Lindsay Wright on behalf of Team Luton Swimming Club, e-mail galas@teamluton.com. Information regarding this meet can also be obtained from Team Luton Swimming Club's website: www.teamluton.com

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PROGRAMME OF EVENTS

Sunday 6 December 2026

Session 1: Warm-Up 8.10am Start 9.00am

Open/Male	All Ages	400m Freestyle
Female	All Ages	400m Freestyle
Open/Male	All Ages	100m Breaststroke
Female	All Ages	100m Breaststroke
Open/Male	All Ages	50m Backstroke
Female	All Ages	50m Backstroke
Open/Male	All Ages	100m Butterfly
Female	All Ages	100m Butterfly
Open/Male	All Ages	200m Backstroke
Female	All Ages	200m Backstroke

Session 2: Warm-Up TBC Start TBC

Open/Male	All Ages	200m Freestyle
Female	All Ages	200m Freestyle
Open/Male	All Ages	200m Butterfly
Female	All Ages	200m Butterfly
Open/Male	All Ages	50m Breaststroke
Female	All Ages	50m Breaststroke
Open/Male	All Ages	200m Ind Medley
Female	All Ages	200m Ind Medley
Open/Male	All Ages	50m Freestyle
Female	All Ages	50m Freestyle

Session 3: Warm-Up TBC Start TBC

Open/Male	All Ages	100m Ind Medley
Female	All Ages	100m Ind Medley
Open/Male	All Ages	200m Breaststroke
Female	All Ages	200m Breaststroke
Open/Male	All Ages	100m Backstroke
Female	All Ages	100m Backstroke
Open/Male	All Ages	50m Butterfly
Female	All Ages	50m Butterfly
Open/Male	All Ages	100m Freestyle
Female	All Ages	100m Freestyle

Approx Finish TBC

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PASSES FOR ENTRY TO POOLSIDE

PLEASE NOTE THAT PASSES MUST BE ORDERED IN ADVANCE AND WILL BE ISSUED ON THE DAY
PASSES MUST BE WORN AT ALL TIMES AS ENTRY TO THE POOLSIDE WILL NOT BE PERMITTED WITHOUT THEM

The cost of a Coach pass including a programme and meals between sessions will be £20.00 per day per pass. Team Manager passes will be issued at a cost of £5 including start sheet and refreshments (no meals). Swim England Guidance for ratio coach/team manager to number of swimmers competing must be adhered to at all times.

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REQUEST FOR POOLSIDE PASSES – PLEASE COMPLETE DETAILS AND TICK BOXES FOR PASSES REQUIRED

Name of pass holder	Sunday 6 December
Coach Passes (£20)	
Team Manager Passes (£5)	

Name of Club ……..

Payment to Team Luton Swimming Club for £ ……..

Signed ……..

Position in Club……

Please email to galas@teamluton.com

team luton

Swim England Affiliated Club

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Upper Cut-off Times

Ages as at 6 December 2026

SHORT COURSE TIMES

OPEN/MALE		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15 yrs/ov
50m Freestyle	Upper	35.0	32.0	30.0	28.5	26.0	25.5	24.1
	Lower							
100m Freestyle	Upper	1:25.0	1:10.5	1:05.4	59.8	57.2	53.9	52.0
	Lower							
200m Freestyle	Upper	2:55.0	2:35.0	2:22.0	2:12.8	2:06.5	2:00.2	1:54.0
	Lower							
400m Freestyle	Upper	6:21.8	5:29.9	5:01.0	4:43.0	4:26.0	4:16.0	4:05.0
	Lower							
50m Backstroke	Upper	41.0	37.7	34.5	32.4	30.2	28.9	27.3
	Lower							
100m Backstroke	Upper	1:30.5	1:20.3	1:15.0	1:10.3	1:06.2	1:01.0	0:57.0
	Lower							
200m Backstroke	Upper	2:57.8	2:50.0	2:40.0	2:26.4	2:19.0	2:10.0	2:06.1
	Lower							
50m Breaststroke	Upper	47.1	43.0	38.8	36.3	33.9	32.5	30.7
	Lower							
100m Breaststroke	Upper	1:50.3	1:35.3	1:25.0	1:19.3	1:14.4	1:10.0	1:06.2
	Lower							
200m Breaststroke	Upper	3:20.0	3.10.0	3:04.0	2:48.5	2:39.2	2:32.8	2:25.7
	Lower							
50m Butterfly	Upper	40.2	35.8	32.9	31.1	29.0	27.7	26.0
	Lower							
100m Butterfly	Upper	1:38.2	1:24.2	1:14.0	1:07.2	1:04.1	1:00.0	0.57.5
	Lower							
200m Butterfly	Upper	3:10.3	2:56.3	2:49.3	2:35.0	2:20.0	2:15.0	2:09.0
	Lower							
100m Individual Medley	Upper	1:31.8	1:24.0	1:16.2	1:12.5	1:07.5	1:04.9	1:00.8
	Lower							
200m Individual Medley	Upper	3:16.6	2:58.4	2:42.6	2:32.6	2:22.3	2:16.5	2:09.0
	Lower							

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Upper Cut-off Times

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SHORT COURSE TIMES

FEMALE		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15 yrs/ov
50m Freestyle	Upper	35.4	32.5	30.0	29.0	28.0	27.3	26.7
	Lower							
100m Freestyle	Upper	1:15.2	1:09.0	1:05.0	1:04.3	1:03.0	1:02.0	58.0
	Lower							
200m Freestyle	Upper	2:37.5	2:30.8	2:24.0	2:18.9	2:15.2	2:10.5	2:05.6
	Lower							
400m Freestyle	Upper	6:29.7	5:28.2	5:03.0	4:50.4	4:37.5	4:30.0	4:25.6
	Lower							
50m Backstroke	Upper	41.02	37.3	34.0	32.7	31.5	30.6	29.6
	Lower							
100m Backstroke	Upper	1:25.3	1:18.3	1:14.4	1:09.5	1:07.9	1:05.5	1:03.0
	Lower							
200m Backstroke	Upper	2:54.2	2:45.7	2:39.0	2:32.5	2:28.5	2:24.4	2:19.0
	Lower							
50m Breaststroke	Upper	47.6	42.5	38.8	36.6	35.1	34.4	33.9
	Lower							
100m Breaststroke	Upper	1:40.4	1:33.4	1:25.0	1:20.3	1:16.8	1:15.1	1:12.9
	Lower							
200m Breaststroke	Upper	3:20.5	3:10.5	3:02.0	2:56.4	2:49.8	2:44.9	2:39.6
	Lower							
50m Butterfly	Upper	40.7	35.8	33.1	31.5	30.2	29.7	28.8
	Lower							
100m Butterfly	Upper	1:23.4	1:18.4	1:15.3	1:13.0	1:10.6	1:07.8	1:04.0
	Lower							
200m Butterfly	Upper	3:05.0	2:54.0	2:50.0	2:42.9	2:35.8	2:30.7	2:21.8
	Lower							
100m Individual Medley	Upper	1:31.6	1:23.0	1:16.8	1:13.4	1:09.8	1:08.2	1:06.4
	Lower							
200m Individual Medley	Upper	3:16.3	2:56.0	2:41.6	2:34.1	2:28.9	2:24.7	2:21.4
	Lower							

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ENTRY FORM

Name		DoB		ASA Reg. No.	
Contact email:		Sex:			

EVENT	ENTRY TIME
50m Freestyle	
100m Freestyle	
200m Freestyle	
400m Freestyle	
50m Backstroke	
100m Backstroke	
200m Backstroke	
50m Breaststroke	
100m Breaststroke	
200m Breaststroke	
50m Butterfly	
100m Butterfly	
200m Butterfly	
100m Ind Medley	
200m Ind Medley	
TOTAL ENTRY FEE ENCLOSED Entry Fee is £8.00 for all events	£……..

I declare that the above particulars are correct and that I am an eligible competitor in accordance with the laws of SWIM ENGLAND and will abide by the conditions laid down by Team Luton Swimming Club for this competition. I consent to the use of my personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings

Signature of competitor …… Date …….

Closing date for entries: 12 noon Saturday 21 November 2026. Late or incomplete entries WILL NOT be accepted.
E-mail electronic entry to galas@teamluton.com
Payment by BACS to: Team Luton Swimming Club, Co-op bank, Sort Code 08-90-13, Account No. 50352724
Please use "DS26" and swimmer/club name as a reference

In the event of over-subscription entries will be accepted on a first come, first served basis (inclusive of payment).

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SUMMARY OF ENTRIES

(to be submitted with ALL club entries)

CLUB NAME……..

		Total
No. of entries @ £8.000		
No. of coach passes @ £20.00 (1 day)		
No. of team manager passes @ £5 (1 day)		
	GRAND TOTAL £	

Cheques made payable to: Team Luton Swimming Club.

Closing date for entries is 12 noon on Saturday 21 November 2026, inclusive of payment.

Late or incomplete entries WILL NOT be accepted.

E-mail electronic entry files to: galas@teamluton.com

Payment by BACS to: Co-op bank, 2-6 Alma Street, Luton LU12PL

Team Luton Swimming Club, Sort Code 08-90-13, Account number 50352724

(Please use DS26 + your Swim England Club Code as reference)