Autumn Short Course Meet 2026

(Under Swim England Laws and Technical Rules)
Licensed by Swim England for entry into Regional Championships at Level 3 under No. 3ER261451
Team Luton Swimming Club is affiliated to Bedfordshire County ASA and Swim England East Region
Ages as at 18 October 2026

Saturday 17 & Sunday 18 October 2026

at Inspire: Luton Sports Village
Butterfield Green Road, off Hitchin Road, Luton, LU2 8DD

PROGRAMME OF EVENTS

Saturday 17 October 2026

Session 1

Warm up 8.10am - Start 9.00am

Female	All Ages	400m Ind Medley
Open/Male	All Ages	400m Freestyle
Female	All Ages	100m Breaststroke
Open/Male	All Ages	100m Butterfly
Female	All Ages	50m Backstroke
Open/Male	All Ages	50m Breaststroke
Female	All Ages	100m Freestyle

Session 2

Warm Up tbc - Start tbc

Open/Male	All Ages	100m Backstroke
Female	All Ages	200m Butterfly
Open/Male	All Ages	200m Freestyle
Mixed	10/over	1500 Freestyle

Session 3

Warm Up tbc - Start tbc

Open/Male	All Ages	200m Ind Medley
Female	All Ages	200m Backstroke
Open/Male	All Ages	200m Breaststroke
Female	All Ages	50m Freestyle
Open/Male	All Ages	50m Butterfly

Approx Finish tbc

Sunday 18 October 2026

Session 4

Warm up 8.10am - Start 9.00am

Open/Male	All Ages	400m Ind Medley
Female	All Ages	400m Freestyle
Open/Male	All Ages	100m Breaststroke
Female	All Ages	100m Butterfly
Open/Male	All Ages	50m Backstroke
Female	All Ages	50m Breaststroke
Open/Male	All Ages	100m Freestyle

Session 5

Warm Up tbc - Start tbc

Female	All Ages	100m Backstroke
Open/Male	All Ages	200m Butterfly
Female	All Ages	200m Freestyle
Mixed	10/over	800m Freestyle

Session 6

Warm Up tbc - Start tbc

Female	All Ages	200m Ind Medley
Open/Male	All Ages	200m Backstroke
Female	All Ages	200m Breaststroke
Open/Male	All Ages	50m Freestyle
Female	All Ages	50m Butterfly

Approx Finish tbc