



# Team Luton Swimming Club

## 2017 Winter Development Meet

Licensed by the ASA for entry into Regional Championships at Level 3 under No. 3ER172487

Sunday 10 December 2017

**Inspire: Luton Sports Village, Luton**

- Venue** Inspire: Luton Sports Village, Hitchin Road, Luton, LU2 8DD
- Pool** 8 Lane, 25m Pool, Electronic Timing, Anti-turbulence lane ropes
- Events** 50m, 100m & 200m All Strokes  
400m Freestyle, 200m & 400m IM
- Age Groups** 9, 10, 11, 12, 13, 14, 15/over  
9 year olds may not enter 100m events or the 400m IM  
Ages as at 10 December 2017
- Fees** Race Entry Fee: £6.00 per event  
Spectator Entry: £5.00 per session or £10.00 all day. Free Parking
- Entries & Enquiries to** [galas@teamluton.com](mailto:galas@teamluton.com)
- Closing Date for Entries** 12.00 Noon on Thursday 23 November 2017

# Team Luton Swimming Club 2017 Development Meet

(Held under ASA Laws and Regulations and ASA Technical Rules of Racing and to the ASA Open Meet Licensing Criteria)

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Team Luton Swimming Club is affiliated to Bedfordshire County ASA and East Region ASA

**Ages as at 10 December 2017**

**Sunday 10 December 2017**

**at Inspire: Luton Sports Village**

**Butterfield Green Road, off Hitchin Road, Luton, LU2 8DD**

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## COMPETITION RULES AND CONDITIONS

1. The meet will take place at Inspire: Luton Sports Village on Sunday 10 December 2017 and is licensed by the ASA at Level 3 under Licence No. 3ER172487. The meet will be run in accordance with ASA Laws and Technical Rules and the rules and conditions of this competition.
2. Ages are as at 10 December 2017. Age bands for awards are 9, 10, 11, 12, 13, 14, 15/over (**Note** that age restrictions apply to some events). Awards will be available for collection to the first 3 placed swimmers in each event, in each age group.
3. The competition pool will be configured as 25m and the competition will be swum short course and electronic timing/placing will be used. Over the top starts may be used at the promoter's discretion.
4. Competitors must be members of an affiliated club, eligible to compete and registered in accordance with ASA laws and technical rules, and may enter in the name of one club only. Entries will only be accepted from competitors registered as Category 2 members of the ASA, SASA or WASA or competitors from a country affiliated to FINA. Team Luton Swimming Club is affiliated to Bedfordshire County ASA and East Region ASA.
5. Upper limit qualifying times are provided; swimmers may enter with no recorded time.
6. Where entry times are provided they must be slower than the cutoff times, and should be short course times; times converted using Sportsystems ([http://www.sportsys.co.uk/?page\\_id=197](http://www.sportsys.co.uk/?page_id=197)) will be accepted. The Promoter reserves the right to limit entries and the number of heats in any event to maintain a balanced programme. In the event that entries are rejected, fees will be refunded by a single cheque made payable to club in question.
7. Swimmers in possession of an ASA Certificate of Swimming Disability or those swimmers whose ASA membership details record a disability Sport Class are welcome to enter the competition.
8. Entry shall be by an Individual Entry Form or using SPORTSYSTEMS Entry Manager and sending the Entry file to the Promoter. Use of the Entry Manager is mandatory where five or more competitors enter from the same club. The Entry Manager software may be downloaded from the SPORTSYSTEMS website <http://www.sportsys.co.uk/entry/index.php> and the required Entry File Set for this competition will be available on the Team Luton website.
9. Valid entries (which must include payment) will be accepted in the order of receipt, that is: first come first served. Complete entries for each club are required together with a single cheque. Later individual entries may not be accepted. Late entries, day of meet entries and day of meet alterations will not be accepted, unless due to administrative error.
10. The closing date for entries inclusive of payment is 12 noon on Thursday 23 November 2017. Entries should be emailed to [galas@teamluton.com](mailto:galas@teamluton.com) with payment by bank transfer, or posted to Simon Gee, 15 Rueley Dell Road, Lilley, Luton LU2 8LR. Accepted and rejected entries will be posted on the Team Luton website within 2 weeks of the closing date. No individual notification will be made unless a stamped address envelope is provided for

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accepted entries to be posted back.

11. Swimmers must withdraw from events that they no longer wish to swim. Each club will be provided with a schedule of their accepted entries. Withdrawal may be made on the day, or can be e-mailed in advance. All withdrawals must be made 45 minutes prior to the start of the first event in each session. Refunds are not available for withdrawals, other than for medical reasons.
12. Entries to this meet will be held on a computer and consent, as required by the Data Protection Act 1998, to the holding of personal information will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoter.
13. Coaches' passes will be issued at a cost of £20. This will entitle the holder to admission to all sessions, a programme, session start lists, refreshments and meals between sessions. There will be no entry poolside without a pass and passes must be worn at all times.
14. All participants must observe the safety precautions in operation at Inspire: Luton Sports Village. Neither the Promoter nor Team Luton Swimming Club will be responsible for any loss or damage occurring during this Meet.
15. Coaches are responsible for managing the lanes that their swimmers use during the warm up sessions.
16. No cameras, video or digital capturing devices (including mobile phones) may be used in the changing area. This policy will be vigorously enforced and any person found to be contravening this policy will be asked to leave the gala without refund.
17. Participants and spectators are requested to follow the ASA guidelines for photography and use of photographs on social media. The ASA Child Safeguarding Policy and Procedures, Wavepower 2016-19 Section 2 provides guidance on the use of social networking (page 72-75) and guidance on photography (page 76-77). <http://www.swimming.org/asa/clubs-and-members/safeguarding-children/>. Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event.
18. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to ASA Laws, Regulations and the ASA Technical Rules of Racing.
19. The Promoter of this Meet is Simon Gee, e-mail: [galas@teamluton.com](mailto:galas@teamluton.com)

Information regarding this meet can also be obtained from Team Luton Swimming Club's website:

[www.teamluton.com](http://www.teamluton.com)

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## PROGRAMME OF EVENTS

### Sunday 10 December 2017

#### Session 1: Start 0915

Boys	All Ages	400m Freestyle
Girls	All Ages	400m Freestyle
Boys	10/over	100m Breaststroke
Girls	10/over	100m Breaststroke
Boys	All Ages	50m Backstroke
Girls	All Ages	50m Backstroke
Boys	10/over	100m Butterfly
Girls	10/over	100m Butterfly
Boys	All Ages	200m Backstroke
Girls	All Ages	200m Backstroke

#### Session 2: Start TBA

Boys	All Ages	200m Freestyle
Girls	All Ages	200m Freestyle
Boys	All Ages	200m Butterfly
Girls	All Ages	200m Butterfly
Boys	All Ages	50m Breaststroke
Girls	All Ages	50m Breaststroke
Boys	All Ages	200m Ind Medley
Girls	All Ages	200m Ind Medley
Boys	All Ages	50m Freestyle
Girls	All Ages	50m Freestyle

#### Session 3: Start TBA

Boys	10/over	400m Ind Medley
Girls	10/over	400m Ind Medley
Boys	All Ages	200m Breaststroke
Girls	All Ages	200m Breaststroke
Boys	10/over	100m Backstroke
Girls	10/over	100m Backstroke
Boys	All Ages	50m Butterfly
Girls	All Ages	50m Butterfly
Boys	10/over	100m Freestyle
Girls	10/over	100m Freestyle



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## PASSES FOR ENTRY TO POOLSIDE

**PLEASE NOTE THAT PASSES MUST BE ORDERED IN ADVANCE AND WILL BE ISSUED ON THE DAY  
PASSES MUST BE WORN AT ALL TIMES AS ENTRY TO THE POOLSIDE WILL NOT BE PERMITTED WITHOUT THEM**

The cost of a pass including a programme, a full set of results and lunch will be £20. Requests for passes should be sent with entries with a cheque for the relevant amount made payable to Team Luton Swimming Club.

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### REQUEST FOR POOLSIDE PASSES – PLEASE COMPLETE DETAILS AND TICK BOXES FOR PASSES REQUIRED

Name of pass holder	Dietary Requirements	Sunday 10 December

Name of Club .....

Cheque in favour of Team Luton Swimming Club for £ .....

Signed .....

Position in Club.....

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## Sunday 10 December 2017

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### Qualifying Standard

Ages as at 10 December 2017

#### SHORT COURSE TIMES

UPPER LIMTS		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs/ov
50m Freestyle	Boys	33.0	31.5	30.0	28.5	27.0	26.0	25.0
	Girls	34.0	32.9	31.7	30.7	29.3	27.9	27.6
100m Freestyle	Boys		1:11.3	1:06.5	1:01.2	57.2	55.5	53.8
	Girls		1:12.1	1:07.2	1:02.3	1:01.0	59.4	58.8
200m Freestyle	Boys	2:42.0	2:30.0	2:19.0	2:10.8	2:04.5	2:00.2	1:57.2
	Girls	2:37.5	2:28.8	2:20.4	2:13.9	2:10.2	2:07.5	2:06.4
400m Freestyle	Boys	6:06.0	5:20.5	5:00.4	4:44.0	4:30.9	4:21.9	4:15.2
	Girls	6:12.5	5:24.9	5:00.1	4:44.6	4:37.2	4:33.1	4:29.3
50m Backstroke	Boys	35.9	34.8	33.5	32.8	31.6	30.8	29.5
	Girls	37.9	36.3	35.7	34.5	33.7	32.4	32.0
100m Backstroke	Boys		1:19.4	1:12.5	1:09.0	1:04.7	1:02.4	1:00.3
	Girls		1:24.1	1:15.4	1:09.6	1:07.6	1:06.0	1:05.4
200m Backstroke	Boys	2:57.8	2:46.7	2:35.9	2:26.4	2:19.0	2:14.0	2:10.1
	Girls	2:54.2	2:45.7	2:36.1	2:28.5	2:24.5	2:21.4	2:19.9
50m Breaststroke	Boys	38.9	37.8	36.7	35.8	34.7	33.6	32.8
	Girls	41.9	40.7	39.3	38.4	37.2	36.3	35.6
100m Breaststroke	Boys		1:27.3	1:20.5	1:17.7	1:13.0	1:10.7	1:08.2
	Girls		1:33.5	1:25.9	1:19.3	1:16.8	1:15.1	1:14.4
200m Breaststroke	Boys	3:29.0	3:15.0	3:01.0	2:48.5	2:39.2	2:33.4	2:28.7
	Girls	3:22.0	3:10.5	2:58.7	2:49.4	2:44.8	2:41.4	2:40.7
50m Butterfly	Boys	35.1	34.0	32.9	31.8	30.4	29.3	28.1
	Girls	36.9	35.9	34.3	33.1	32.3	31.1	30.2
100m Butterfly	Boys		1:18.1	1:11.0	1:08.5	1:04.1	1:01.6	59.4
	Girls		1:24.5	1:15.7	1:09.7	1:07.6	1:05.8	1:05.2
200m Butterfly	Boys	3:10.3	2:56.3	2:43.2	2:31.9	2:22.8	2:16.3	2:12.0
	Girls	3:05.0	2:54.0	2:43.4	2:33.9	2:27.8	2:24.0	2:22.4
200m Individual Medley	Boys	3:10.8	2:54.9	2:43.4	2:34.2	2:26.6	2:19.9	2:16.1
	Girls	3:12.5	2:54.8	2:43.2	2:34.7	2:30.7	2:27.7	2:26.2
400m Individual Medley	Boys		6:13.3	5:40.5	5:17.1	5:00.6	4:51.1	4:37.2
	Girls		6:12.5	5:38.2	5:20.2	5:11.0	5:00.4	5:00.0

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## ENTRY FORM

Name				DoB		Male / Female
Age at 10 December 2017		Club				
Email						
Tel No				ASA No.		

EVENT	ENTRY TIME
50m Freestyle	
100m Freestyle (10/ov)	
200m Freestyle	
400m Freestyle	
50m Backstroke	
100m Backstroke (10/ov)	
200m Backstroke	
50m Breaststroke	
100m Breaststroke (10/ov)	
200m Breaststroke	
50m Butterfly	
100m Butterfly (10/ov)	
200m Butterfly	
200m Ind Medley	
400m Ind Medley (10/ov)	
<b>TOTAL ENTRY FEE ENCLOSED @ £6 per Event</b>	<b>£.....</b>

I hereby declare that the above particulars are correct and that I am an eligible competitor in accordance with the laws of the ASA and will abide by the conditions laid down by Team Luton Swimming Club for this competition.

Signature of competitor ..... Date .....

I certify that the above information is correct ..... Club Official

Entry Fee is £6.00 for all events

Cheques made payable to: Team Luton Swimming Club.

Closing date for entries is 12 noon on Thursday 23 November 2017, inclusive of payment.

Late or incomplete entries WILL NOT be accepted.

In the event of over-subscription entries will be accepted on a first come, first served basis.

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### SUMMARY OF ENTRIES

(to be submitted with club entries)

		Total
No. of entries @ £6.00		
No. of coach passes @ £20.00		
	GRAND TOTAL £	

Cheques made payable to: Team Luton Swimming Club.

Closing date for entries is 12 noon on Thursday 23 November 2017, inclusive of payment.

Late or incomplete entries WILL NOT be accepted.

E-mail electronic entry files to: [galas@teamluton.com](mailto:galas@teamluton.com)

Please email [treasurer@teamluton.com](mailto:treasurer@teamluton.com) for details for Payment by BACS

or post with a cheque to: Simon Gee, 15 Rueley Dell Road, Lilley, Luton LU2 8LR