

## Modernian Golden Eagle Meet

Team Luton swimmers recently attended the Modernian Swimming Club 2015 Golden Eagle Meet at Bletchley Leisure Centre. This level 2 meet included finals for the 100m and 200m events.

In the 11 year old age group Jessica Keogh won nine medals in total. Golds in the 50m, 100m and 200m freestyle and the 100m individual medley. Silvers in the 100m breaststroke and 200m backstroke and bronze in the 50m backstroke and 100m backstroke and 50m butterfly. Jennifer Brooks swam a 1 second personal best in the 50m breaststroke. Menna Walmsley clocked a time of 35.12 in the 50m freestyle. Rhys Davidson claimed gold in the 200m backstroke with a fantastic personal best time of 2.47.24 and took home a silver medal in the 100m breaststroke with his second personal best of the gala in a time of 1.37.59. Davidson also competed in the 50m backstroke in a time of 38.80.

The 12 year olds were in great form with many of them recording swim times to reach the 14 and under finals. Lauren Young stormed to victory in her age group heats in the 200m butterfly in a time of 2.38.99 and then claimed gold in the 14 and under final with a further fantastic 2 second personal best time of 2.36.62. Young also won gold in the 50m butterfly and 100m freestyle. Abbie Barnwell competed in the 200m breaststroke she finished 2<sup>nd</sup> in her age group with a time of 3.10.57 and then swam an awesome 5 seconds faster in the final to clock a personal best time of 3.05.95. Barnwell completed in the 100m and 200m freestyle and won silver and bronze in her age group respectively and swam personal best times of 1.06.68 and 2.21.59 in the finals. Chiara Rogers swam to the 14 and under final in the 100m butterfly with a personal best time of 1.13.35 finishing in 5<sup>th</sup> place but took gold in her age groups heats. Rogers won gold in the 200m individual medley and silver in the 50m breaststroke in a time of 38.80. Charlotte Opoku-Gyamfi claimed silver in the 50m butterfly and bronze in the 100m freestyle clocking a personal best time of 1.09.20. Opoku-Gyamfi also swam a personal best in the 50m freestyle. Callum Green recorded a time of 39.89 in the 50m butterfly.

13 year old butterfly specialist Jade Whitehouse recorded a time of 1.13.30 to win silver in her age group and then went on to win bronze in the 14 and under final in the 100m butterfly. Whitehouse also competed in the 50m and 100m freestyle and the 200m individual medley. Freddie Symonds (13) came 3<sup>rd</sup> in the 200m breaststroke heats and reached the 14 and under final to finish 5<sup>th</sup> in a time of 2.56.88. Eoin Compton (13) swam a brilliant 3 second personal best time of 2.44.63 in the 200m backstroke and also recorded 36.37 in the 50m event. Millie Davidson (13) clocked times of 40.94 in the 50m breaststroke and 2.35.37 in the 200m freestyle and Shannay Davis 31.63 in the 50m freestyle and 1.20.45 in the 100m backstroke.

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In the 14 year old age group Nathan Swift triumphed in the 100m breaststroke by finishing 2<sup>nd</sup> in the heats and then swam a personal best time of 1.15.52 in the 14 year and under final to win gold. Swift also swam a brilliant



4 second personal best in the 200m backstroke heats and then another 2 second personal best in the 14 and under final to win bronze in a time of 2.28.51. In the 200m breaststroke Swift reached the final and clocked a time of 2.47.30 to take silver. Celyn Walmsley (14) clocked a time of 2.49.82 in the heats and then took home silver in the 14 and under final in the 200m breaststroke. In the 100m event Walmsley recorded a time of 1.22.33 in the heats and then a time of 1.21.90 in the final to win bronze. In the 100m backstroke Walmsley swam a personal best time of 1.15.82. Walmsley also won bronze in the 50m backstroke. Nana Opoku-Gyamfi competed in the 50m backstroke, breaststroke and freestyle events.

Chantal Smith (15) was jubilant in the 400m freestyle by winning 1<sup>st</sup> place in her age group and silver in the 100m and 200m freestyle heats to reach the 15 and over finals.

In the 17 and over age group Nicola Pasquire (17) had the upper hand in the 400m freestyle by taking gold in a time of 4.26.29. In the 200m freestyle Pasquire won gold in the heat and silver in the heats and final of the 100m butterfly in a time of 1.07.39. Jamie Fowler (18) competed in the 50m, 100m and 200m backstroke . He won bronze in the 200m heat and final and bronze in the 100m final. Fowler swam a time of 29.20 in the 50m event and claimed silver. Matthew Wright (17) completed in the 100m and 200m freestyle and the 100m butterfly.