**Reserve lists - Women**

**800m**

|  |  |  |
| --- | --- | --- |
| 1 | Sarah PEREIRA | Ealing |
| 2 | Lauren YOUNG | Flitwick |
| 3 | Francesca KEY | Canvey Isl |
| 4 | Orla KEAVENEY | Modernian |
| 5 | Matilda POWELL-TUCK | Chesham |
| 6 | Eleanor MARTIN | Chalfont |
| 7 | Renee SOMERVILLE | Saxon Crown |
| 8 | Charlotte DOWNING | Maxwell |
| 9 | Lauren SWIFT | Wolverhampton |
| 10 | Ella BRAY | Norwich Swan |
| 11 | Agnes BURNS | Harpenden |
| 12 | Thea BALLINGER-FINCH | Teddington |

**1500m**

|  |  |  |
| --- | --- | --- |
| 1 | Isabel HYDE | Teddington |
| 2 | Ella REMYN | Bo Waltham Forest |
| 3 | Kreswin SMITH | Amersham |
| 4 | Jo MITCHINSON | Stevenage |
| 5 | Alexa MANN | Basildon Phoenix |
| 6 | Lucy YOUNG | Modernian |
| 7 | Ella WALTON | Teddington |
| 8 | Poppy KREUZER | Teddington |
| 9 | Eleanor MARTIN | Chalfont |
| 10 | Kiera BEAVER | Watford |

**Reserve Lists - Men**

**800m**

|  |  |  |
| --- | --- | --- |
| 1 | James SHEVCHENKO | Wolverhampton |
| 2 | Finn WOOTTEN | Beckenham |
| 3 | David LANGLEY | Beckenham |
| 4 | Sam WHITE | Thame |
| 5 | Steven SALAZAR | Borough of Newham |
| 6 | Patch ROBINSON | Team Ipswich |
| 7 | Thomas CADENHEAD | City of St Albans |
| 8 | Kian QUINLAN | Borough of Southend |
| 9 | Matthew REDLICH | Chesham |
| 10 | Mitchell TAMBLIN | Norwich Swans |

**1500m**

|  |  |  |
| --- | --- | --- |
| 1 | Mihnea TOTU | Borough of Newham |
| 2 | Daniel HOLLISS | City of St Albans |
| 3 | Liam HACKWORTH | Leicester Sharks |
| 4 | Jamie PRINCE | Maxwell |
| 5 | Ryan MCKENZIE | Bicester |
| 6 | Joel SAWYER | Amersham |
| 7 | Teague EATON | Chesham |
| 8 | George ANDREWS | Amersham |
| 9 | Marko BORGIS | Stevenage |
| 10 | Jacob PILLINGER | Thame |