

Team Luton Swimming Club Fast & Furious 5 Sprint Meet

(Held under ASA Laws and Regulations and ASA Technical Rules)

Licensed by the ASA for entry into Regional Championships at Level 3 under No. 3ER190201

Saturday 13 July 2019

at Inspire: Luton Sports Village

Butterfield Green Road, off Hitchin Road, Luton, LU2 8DD

Qualifying Standard

(Short Course Times)

UPPER LIMITS		Open
50m Freestyle	Boys	23.0
	Girls	24.5
100m Freestyle	Boys	50.0
	Girls	53.0
50m Backstroke	Boys	23.5
	Girls	26.0
100m Backstroke	Boys	57.0
	Girls	59.0
50m Breaststroke	Boys	28.0
	Girls	30.0
100m Breaststroke	Boys	1:00.0
	Girls	1:04.0
50m Butterfly	Boys	27.0
	Girls	28.1
100m Butterfly	Boys	57.5
	Girls	1:00.0
200m Individual Medley	Boys	2:00.0
	Girls	2:13.7