

Team Luton Swimming Club Fast & Furious IV Sprint Meet

(Held under ASA Laws and Regulations and ASA Technical Rules of Racing and to the ASA Open Meet Licensing Criteria)
Licensed by the ASA for entry into Regional Championships at Level 3 under No. 3ER171251
Team Luton Swimming Club is affiliated to Bedfordshire County ASA and East Region ASA

Saturday 15 July 2017
at Inspire: Luton Sports Village
Butterfield Green Road, off Hitchin Road, Luton, LU2 8DD

PROGRAMME OF EVENTS

Session 1

Withdrawals & Warm Up 1300; Start 1345

Est. Finish 1710

Girls	All Ages	200 Individual Medley
Boys	10/over	100m Butterfly
Girls	10/over	100m Butterfly
Boys	All Ages	50m Breaststroke
Girls	All Ages	50m Breaststroke
Boys	10/over	100m Freestyle
Girls	10/over	100m Freestyle
Boys	All Ages	50m Backstroke
Girls	All Ages	50m Backstroke

A/B Finals

Session 2

Withdrawals & Warm Up 1745; Start 1830

Est. Finish 2200

Boys	All Ages	200 Individual Medley
Girls	10/over	100m Breaststroke
Boys	10/over	100m Breaststroke
Girls	All Ages	50m Butterfly
Boys	All Ages	50m Butterfly
Girls	10/over	100m Backstroke
Boys	10/over	100m Backstroke
Girls	All Ages	50m Freestyle
Boys	All Ages	50m Freestyle

A/B Finals

Medley Skins